



Prayer I Part One
05.05.24

START TALKING | (Find a conversation starter for your group)

- What is the first thought that enters your mind when the word prayer is mentioned?
- Growing up, did you have a rote bedtime or dinnertime prayer you recited on a regular basis?

START EXPLORING | (Read the Bible)

Read Matthew 6:5-8.

- What are some instructions that Jesus gives us about prayer?

Read the “Lord’s Prayer” in Matthew 6:9-13.

- What is your favorite part of this prayer?

START SHARING | (Choose a question to create openness)

- Do you ever think you are asking too much of God?
 - Can you ask too much of God?
- What things should we pray about on a daily basis?
- How does God shape your desires through prayer?
- What have you learned about God in your prayer times with Him?

Start Praying. (Be bold and pray with power)

“Father, I want to grow in my connection with you through prayer. I am so grateful that you desire relationship with me. I don’t deserve that kind of love, yet you give me your ear, your heart, and all I need to do is begin to focus and pray to you. So guide me as I build that connection with you this week. In Jesus name, amen.”

Start Doing. (Commit to a step, and live it out this week)

- Commit to additional time of prayer this week by simply being with God and listening to the song “Quiet” – Acoustic Hillside Recording, Diana Trout.